

September 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Afternoon Break Kreischer -Rice Krispie Treat Dipping Station	2 Local Sweet Corn Sampling: Labor Day -Founders Lunch	3
4	5 NO CLASSES Labor Day	6	7	8 Afternoon Break Kreischer -Rice Krispie Treat Dipping Station	9	10
11	12	13 Latin American Street Foods -Kreischer Lunch	14	15 Afternoon Break Kreischer -Rice Krispie Treat Dipping Station	16 NY Happy Hour -Pub Dinner	17
18	19	20	21 My Kitchen My Chef -Greenery Dinner	22 Afternoon Break Kreischer -Rice Krispie Treat Dipping Station	23	24
Apple and Whole Grains Commissary						
25	26 National Pancake Day -The Oaks All Day	27	28	29 Afternoon Break Kreischer -Rice Krispie Treat Dipping Station	30	
Greenery Lunch: Foods of Malaysia						

October 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Culinary Theatre: Holiday Catering (The Oaks) Balanced U: Healing and Immunity Boosters (Kreischer) Healthy Food Focus: Sweet potatoes, squash and pumpkin (All Units) NATIONAL SEAFOOD MONTH (All Units)						1	
2	3	4	5 My Kitchen My Chef -The Oaks Lunch	6 Afternoon Break Kreischer -Pretzel Cart	7	8	
Greenery Lunch: Foods of Australia							
9	10 NO CLASSES Fall Break	11 NO CLASSES Fall Break	12 Columbus Day -The Oaks Lunch	13 Afternoon Break Kreischer -Pretzel Cart	14 Local Apples Sampling -Kreischer All Day	15	
16	17	18 Oktoberfest -Founders Dinner	19 Huevos Rancheros -Nest Breakfast	20 Afternoon Break Kreischer -Pretzel Cart	21 Small Bites: NY Street Foods -Kreischer	22	
23	24	25 Halloween -Nest Lunch	26 Halloween -Kreischer Dinner	27 Afternoon Break Kreischer -Pretzel Cart Halloween -Founders Dinner	28 Halloween -Carillon Dinner	29	
30	31 Halloween -The Oaks Dinner	Ice Cream Bar: Kreischer and Founders FAIR TRADE MONTH					

November 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Balanced U – Brain Boosters (Kreischer) Healthy Food Focus – Salmon, Walnuts, Flax (All Units) NATIONAL NATIVE AMERICAN INDIAN HERITAGE MONTH		1	2 Local Pear Sampling -Founders All Day	3 Afternoon Break Kreischer -Hot Chocolate	4	5
Greenery Lunch: Foods of Lebanon						
6	7	8 Culinary Theatre: How to Carve a Turkey -The Oaks Lunch	9 Thanksgiving -Kreischer Lunch	10 Afternoon Break Kreischer -Hot Chocolate Stuffed French Toast -Nest Breakfast	11 NO CLASSES Veteran's Day	12
13	14	15 American Heartland -Carillon Lunch	16 Thanksgiving -Founders Lunch	17 Afternoon Break Kreischer -Hot Chocolate My Kitchen My Chef: Thanksgiving -Greenery Dinner	18 Small Bites: SW Tex Mex -Pub Dinner	19
20	21 Thanksgiving -The Oaks Lunch National Cookie Week	22 2 for 1 -All Retail Units	23 NO CLASSES Thanksgiving Break	24 NO CLASSES Thanksgiving Break	25 NO CLASSES Thanksgiving Break	26
27	28 Caffeine Day -Starbucks	29	30	Home for the Holidays: Cheesecakes (Kreischer)		

December 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Afternoon Break Kreischer -Gingerbread Man New Years Eve Italian -The Oaks Dinner	2	3
4	5	6 Holiday Appetizer Demo -The Oaks Lunch	7 Nut Sampling -Founders All Day	8 Afternoon Break Kreischer -Gingerbread Man Breakfast for lunch and dinner -Kreischer	9 Small Bites: Mediterranean Flavor -Pub Dinner	10
Whole Grains Commissary						
11 Midnight Breakfast -All residential and AYCE locations	12	13 Breakfast Sliders -Union Breakfast	14 Cajun Bayou -Carillon Dinner National Cupcake Day -Kreischer All Day	15 Afternoon Break Kreischer -Gingerbread Man	16	17
Greenery Lunch: Regional Italian Cuisine						
18	19 NO CLASSES	20 NO CLASSES	21 NO CLASSES	22 NO CLASSES	23 NO CLASSES	24
25	26 NO CLASSES	27 NO CLASSES	28 NO CLASSES	29 NO CLASSES	30 NO CLASSES	31

January 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 NO CLASSES	3 NO CLASSES	4 NO CLASSES	5 NO CLASSES	6 NO CLASSES	7
8	9 Classes Start	10	11 My Kitchen My Chef: Cooking with Chocolate: -The Oaks Lunch	12 Afternoon Break Kreischer -S'mores Bars	13 Small Bites: Tapas -The Pub Dinner	14
15	16 NO CLASSES MLK Day	17 Cooking with Chilies -Kreischer Lunch	18 Culinary Theater: Desserts 101 -The Oaks Lunch	19 Afternoon Break Kreischer -S'mores Bars	20	21
22	23	24 Sampling: Hot Chai Tea -Starbucks	25	26 Afternoon Break Kreischer -S'mores Bars Fabulous 50's Elvis Presley -Founders Dinner	27	28
Greenery Lunch: Foods of Morocco						
29	30 Breakfast Meuslix Bar -The Nest Breakfast	31 Your Region: Carnival Cruise -Carillon Dinner	Balanced U: Healthy Breakfast Healthy Food Focus: Citrus (Kreischer) Oatmeal Month: Showtime Hot Cereal Bar (The Oaks) NATIONAL SOUP MONTH – Add a Soup (Kreischer, Founders, Union)			

February 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Culinary Theater: Superbowl Party Treats -The Oaks Lunch	2 Afternoon Break Kreischer -Hot White Chocolate	3	4
5 Superbowl	6 Chinese New Year -Kreischer All Day	7	8 My Kitchen My Chef -The Greenery Dinner	9 Afternoon Break Kreischer -Hot White Chocolate	10 Small Bites: Asian -The Pub Dinner	11
12	13	14 Sampling: Edamame -Carillon All Day	15	16 Afternoon Break Kreischer -Hot White Chocolate Pennsylvania Dutch Cooking -Founders Lunch	17	18
19	20	21 Seasonal Fruit: Turnovers -Nest Breakfast	22	23 Afternoon Break Kreischer -Hot White Chocolate	24	25
Greenery Lunch: Korean BBQ						
26	27	28 Black History Month -Nest Breakfast	29	Balanced U: Heart Month "Keep the Beat"/Wear Red Day Healthy Food Focus: Dark Chocolate (Kreischer, Founders) Valentine's Day Chocolates: Cstore, Shop on campus		

March 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Health Food Focus: Fish NATIONAL NUTRITION MONTH				1 Afternoon Break Kreischer -Snack Wraps	2	3
4	5 NO CLASSES Spring Break	6 NO CLASSES Spring Break	7 NO CLASSES Spring Break	8 NO CLASSES Spring Break	9 NO CLASSES Spring Break	10
11	12	13	14 Low fat Muffins -Nest Breakfast	15 Afternoon Break Kreischer -Snack Wraps Antioxidants -The Oaks All Day	16 St. Patty's Day -Founders Lunch	17
Greenery Lunch: Foods of Peru						
18	19	20 Culinary Theater: Healthy Cooking Tips -The Oaks Lunch	21 Woopie Pie Station -Kreischer Lunch	22 Afternoon Break Kreischer -Snack Wraps	23 Small Bites: NY Happy Hour -The Pub Dinner	24
25	26	27 Low Country Cooking -Carillon Dinner	28	29 Afternoon Break Kreischer -Snack Wraps My Kitchen My Chef -The Oaks Lunch	30	31

April 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5 Afternoon Break Kreischer -Hummus and Babagonosh	6	7
Greenery Lunch: Foods of Austria						
8	9	10 Culinary Theater: Sushi 101 -The Oaks Lunch	11 My Kitchen My Chef Earth Month Eat Green -Greenery Lunch	12 Afternoon Break Kreischer -Hummus and Babagonosh	13 Small Bites: Tex Mex -The Pub Dinner	14
15	16 Under 3 grain Salads -Kreischer All Day	17	18 Street Foods for NY -Carillon Lunch	19 Afternoon Break Kreischer -Hummus and Babagonosh	20	21
22	23 Earth Day -Founders Lunch	24 Healthy Grain Waffles -The Nest Breakfast	25	26 Afternoon Break Kreischer -Hummus and Babagonosh	27 Last Day of Classes	28
29 Midnight Breakfast	30	Balanced U: Avocado (Kreischer) Healthy Food Focus: Lentils and Legumes (Kreischer and Founders)				